

BREKKIE ESSENTIALS

TOAST SELECTION (V,VG,GFO)

Sourdough with butter/jam/peanut butter/vegemite/honey/ nutella

+ 2 FOR ANY EXTRA CONDIMENTS
+ 2 FOR FRUIT OR GLUTEN FREE OPTION

EGGS YOUR WAY (V)

Two free-range eggs of your choice served on sourdough
GFO

AVO & MORE (V)

Beetroot hummus, goat cheese, avocado, cherry tomato, dukkah, radish, cucumber, basil oil & poached egg on multigrain
GFO

MODERN SALMON BENNY

Brioche bread, sauté kale, smoked salmon, two free range poached eggs, chipotle hollandaise sauce, dill & capers

TRUFFLE SHROOM BENNY (V)

Multigrain, sauté kale, truffle portobello mushroom, two free range poached eggs, chipotle hollandaise sauce & sage leaves

CHILLI SCRAMBLE

Soft scrambled eggs with house chilli oil, spicy chorizo, goat cheese, shredded parmesan, fried shallots & spring onion on multigrain sourdough

TURKISH EGGS (V)

Two poached eggs, herbed yogurt, Aleppo pepper oil, pickled onion, dukkah, herb salad with honey sumac dressing & serve of za'atar bread

HIGH COVE BIG BREKKIE

Sourdough, house made potato hash, bacon, roasted portobello mushroom, grilled herbed tomato, chorizo, free-range scrambled egg & spicy homemade relish

MIXED BERRY FRENCH TOAST (V)

French toast with vanilla icecream, fresh berry, crushed biscoff, mixed berry compote, & maple syrup
+6 FOR CARAMELISED BACON

LUNCH FAVOURITES

WANNABE CESAR

Chicken schnitzel, cos lettuce, cherry tomato, beet pickled boiled egg, dijon mayo, parmesan, & house herbed sourdough crisps

Veggie option Crumbed Eggplant

MEDITERRANEAN PLATE

Greek salad, tzatziki, za'atar bread, pickled pepper, serve of mediterranean style brown rice, pomegranate with choice of

GRILLED CHICKEN 30
FALAFEL 28

CALAMARI SALAD

Fried calamari with fried shallots, fresh jalapeno & asian style slaw

SEAFOOD PASTA

Linguini pasta with calamari, mussels, & tiger prawns cooked in white wine, olive oil, garlic, onion, sun dried tomato & parsley served with house herbed sourdough crisps

GRILLED HALLOUMI SALAD (V)

Grilled halloumi with honey glaze, tzatziki, fresh summer garden salad with rocket, mint, cucumber, cherry tomato, pomegranate & tricolour quinoa

CHICKEN PARMA

Panko crumbed chicken breast with San Marzano tomato sauce, smoked ham, melted mozzarella with serve of chips & garden salad

SUNNYSIDE ANGUS BURGER

Chargrilled angus beef patty, lettuce, tomato, onion, double cheese, sunny-side up egg, bacon, pickled cucumber, special sauce & fries

SFC BURGER

Southern fried chicken with lettuce, tomato, onion, caramelised bacon, coleslaw, jalapeños, cheese, herbed mayo & fries

CYPRIAN CHEESE BURGER (V)

Grilled halloumi, lettuce, onion, charred pineapple, coleslaw, siracha mayo & fries

TOASTIES & MORE

+ 4 FOR SIDE OF FRIES & AIOLI

SHROOM TOASTIE (V)

Roasted garlic mushroom with house made chilli oil, pesto, caramelised onion, herbed mayo, mozzarella cheese & parmesan

CHICKEN CRANBERRY TOASTIE

Poached chicken, brie, cranberry sauce, Swiss cheese, wild rocket, toasted almond flakes & dijon mayo

TUNA MELT TOASTIE

Italian style tuna, onion, capers, chilli jam, mayo & Swiss cheese

FRESH CHICKEN AVO

Poached chicken, celery, lettuce, tomato, onion, Avo & chef sauce

EGG & BACON

Streaky bacon, fried egg, cheddar cheese, mayo, house made spicy relish

Egg and bacon toastie with regular coffee

ADD - ONS

grilled tomato, avocado, roasted mushroom, scramble egg, spinach 5

smoked salmon, grilled halloumi, chorizo, bacon, homemade potato hash 7

fried egg, sunny-side up egg, poached egg, tzatziki, beetroot hummus, fetta cheese 3.5

High Cove please inform our staff of any allergies or dietary requirements when ordering.

KIDS SECTION

Egg on toast	8
Fries & nuggets with ketchup	12
Cheeseburger and fries	12

SIDES

Bowl of fries with tomato ketchup	11
Beetroot salad with rocket, toasted nuts & fetta	14
Zatar Bread with beetroot hummus & tzatziki	15
Polenta chips with shredded parmesan and aioli	16

COFFEE

4.50 FOR SMALL (TAKEAWAY ONLY)

	R	L
White coffee	5	5.5
Black coffee	4.5	5
Magic	5	

NOT-SO-COFFEE

	R	L
Mocha	5.5	6
Hot Chocolate	5.5	6
Vanilla Chai	5.5	6
House Chai Latte		6

LOOSELEAF TEA

Peppermint tea		5
Lemongrass and ginger tea		
English breakfast Tea		

INFLUENCER APPROVED PREMIUM MATCHA

Matcha Latte	7
Iced Matcha	8
Iced Berry Matcha	10

ICED DRINKS

Iced latte	5.5
Iced longblack	5.5
Served with Ice cream	8
Iced Mocha	
Iced Chocolate	
Iced Coffee	

EXTRAS

Alternative Milk	0.8
Extra shot	0.5
Decaf.	0.5

SMOOTHIES

Mixed Berry	11
Mixed berries, banana, almond milk, chia pudding, goji berries and dates	
Mango Tango	
Mango, banana, coconut water, chia pudding, goji berries and dates	
Kids smoothie	8
Mango, banana, milk	

OTHER DRINKS

Fresh OJ	8
S.Pallegriano	5.5
Cold Press Juice	6.5
More option available	